



Moses Brown School

Summer, 2020

Dear Campers:

Welcome to the 2020 Moses Brown High School Soccer Preparation Camp to be held from July 27 – August 7 from 5:30-7:00 p.m. on Monday, Wednesday, and Friday evenings only on Campanella Field. The camp is designed for fitness and skill development for students trying out for high school programs.

Please bring the following to every session:

- Cleats
- Shin Guards
- Running Shoes/Indoor shoes
- Water bottles (water will be provided)
- Soccer Ball (with your name on it)
- Sunscreen

The program for each session will vary but will incorporate station work of varying degrees of technical, cardiovascular and tactical work. Sessions will always begin and end with a warm-up/warm-down component; please arrive promptly so that the group can get started with our warm-up portion of the session.

I look forward to working with you this summer—please don't hesitate to be in touch with me at eaaronian@mosesbrown.org if you have any questions.

Best,

A handwritten signature in black ink, appearing to read 'Eric Aaronian'.

Eric Aaronian
Head Coach, Moses Brown Boys Varsity Soccer

